



# Apple Orchard School

## **Sandwich Club Information**

### Our Extended Day Program

Several years ago, one of our students did not like the idea of staying for “Extended Day” so she called it “**Sandwich Club.**” We thought that it was an appropriate name so we decided to keep it. Our program is multi-aged, with some days having more of a mixture than others. The makeup of each group is determined by the personalities and needs of the children who are enrolled for that day.

While the primary focus is child centered, we delight in taking cues from the children as to what they are interested in exploring. During the course of the week, we use all of the classrooms in the school and students are exposed to many varied curriculum units. We use the Hands-On Nature and Creative Curriculum for Early Childhood, as guides to our curriculum, but are primarily guided by the children’s interests and our environment.

### **Afternoon Schedule**

We transition to lunch after attendance has been taken. Rest time follows and is a quiet time to listen to stories, look at books, or quietly work on a puzzle on their blankets. After Rest Time there will be a brief Circle Time with an interactive theme followed by an explanation of the afternoon activities that are available. Choice Time follows with a combination of activities that focus on fine motor, sensory, gross motor, cooking, art, and games. The playground is always a part of the afternoon. This kind of organization allows for more multi-age interaction and provides the children experience in many activities that they may have overlooked before.

### **Optional Special Classes**

This year, we will again offer several afternoon special classes in our Sandwich Club Program. Please look for information on these classes on the *Sandwich Club Contract Sign up Sheet*. These classes are an attempt to help families centralize some of their afternoon activities.

### **Sportsjam**

When weather and schedules permit, we will offer sports. All of the children who are enrolled in Sandwich Club on those days may be able to be a part of it. Jeremy will include a combination of low organizational games and lead-up games that will increase the children’s confidence through a positive first experience in a particular game or sport. Jeremy’s focus will be on sportsmanship, being part of a team and, most importantly, having fun. Overall, learning how to play with others while incorporating basic rules and developing specific skills will help provide children with a strong foundation for sports. This is always a favorite for the children.

### **Toothbrushing**

As a requirement by the State, tooth brushing occurs after lunch. We provide children with their own, labeled toothbrush and brushes are aired out and stored in covered ventilated, UV stands. Tooth brushes are disposed of every three months or sooner if needed. The school uses Kid’s Crest toothpaste. If you prefer to send in a specific brand of toothpaste for your child, please send it labeled with your child’s name.



## **Sandwich Club** **Billing Information**

The Sandwich Club Program is \$45.00 per day, or \$180.00 per week (**Children staying five afternoons**). Bills will be mailed (3) times per year for each period. You will be able to change your days or drop days only at the end of a billing cycle. This must be communicated with Sherry in writing before the end of the billing cycle. If space is available, you may add days at any time.

**BILLING PERIODS:**      **End of December**  
   **End of March**  
   **End of May**

The teachers will bill the special classes separately. Please speak to them about their special class offerings and billing procedures. **We cannot allow children to participate in Sandwich Club and/or special classes unless bills are paid in full by the due date.**

Attached please find a sign-up sheet for Sandwich Club and the special classes. Please return these sheets by August 15th. Spaces fill up very quickly. **You should assume that you have your requested space unless you hear from us by the end of August.** Days and classes will be assigned according to the date your deposit is postmarked.

**A \$50.00 deposit, which will be deducted from your first bill, is required to hold a space in the Sandwich Club program. A deposit is not required for special classes.** Checks should be made payable to "The Apple Orchard School" with **your child's name written on the check.** Please send it to the school with the required contract.



## **SANDWICH CLUB – “SPECIAL CLASSES” DESCRIPTIONS**

**COMPUTERS:** **Heather Cedrone** offers this class on **Mondays**. Each child has his or her own computer and classes are hands-on and interactive. Children will learn and improve skills, hand-eye coordination, problem solving, puzzle completion, and logical thinking and reasoning. Children are involved in a variety of activities using drawing programs, educational software, and interactive games. New programs are regularly introduced. **Cost is \$12.00 per session.**

**MUSIC:** In this class, **taught by John Farrington on Tuesdays and Fridays**, the children will be making their own instruments which may include: drums, kazoos, tambourines, and maracas. These will be used in performances as they sing along to familiar tunes or create their own new songs. Instruments from various cultures (i.e. African harp, Australian didgeridoo, Caribbean steel drums, Indonesian anklung, accordions, trombones and saxophone) may also be introduced for the children to discover and explore.

**Cost is \$10.00 per session.**

**CREATIVE MOVEMENT:** **Laurie DePinho** offers this class on **Wednesday** afternoons. Activities are geared toward movement, dance, and fitness. Class instruction includes warm-ups, simple dance routines, gross motor skills (skipping, hopping, jumping, galloping etc.), and basic yoga techniques. Props such as scarves, beanbags, hula-hoops, ropes, or balls may be added to enhance an activity or routine. Dance and movement activities are wonderful ways for the children to express their imagination and creativity, learn basic rhythm, balance, and coordination. **Cost is \$8.00 per session.**

**SPANISH:** **Laurie Goldsmith** leads this class on **Thursday** afternoons. The early years in a child's life are often the best time to expose him/her to a new language. Children are naturals for picking it up and they have a lot of fun in the process! In this introductory class we will explore some basic conversation, new words, songs, crafts, and games. Small groups will be arranged by age to allow for greater individual attention and developmentally appropriate activities. A vocabulary list will accompany each billing session so that you can practice at home with your child. Topics explored during the year may include: numbers, colors, foods, animals, weather, and parts of the body. At the end of the year we say "adios" with a fiesta!

**Cost is \$8.00 per session.**

**ALL OF THE ABOVE CLASSES ARE BILLED DIRECTLY BY THE INDIVIDUAL TEACHERS.**

**PROMPT PAYMENTS ARE ALWAYS APPRECIATED!**

